

Non-Surgical Spinal Decompression

Spinal decompression is a non-surgical, traction based treatment outcome for herniated or bulging discs in the neck and low back.

Effective for Many Spinal Conditions

Anyone who has back, neck, arm, or leg pain caused by a degenerated or damaged disc may be helped by spinal decompression.

These conditions include herniated or bulging discs, spinal stenosis, sciatica, facet syndrome, spondylosis, or even failed spinal surgery.



Decompression Therapy Sessions

In almost all cases, the treatments are completely painless. In fact, some people fall asleep during the spinal decompression session.

The number of sessions needed and your specific treatment plan will be determined by the doctor after your examination.

To reduce inflammation and assist the healing process, supporting structures may be treated with therapy, chiropractic adjustments if indicated, and/or rehabilitation.

Why Decompression Therapy is so Effective

Doctor skill combined with the computerized traction head are the keys. Proper assessment, correct positioning and the use of pre-programmed patterns of distraction and relaxation may reduce disc pressure allowing nutrients to accelerate disc healing.



Don't Risk Surgery!

Spinal decompression has saved many people from spinal surgery. If you are suffering from a degenerated or herniated disc, don't risk surgery until you have explored safe & effective spinal decompression!